

Atomnummer Z	Nuklide ${}^A\text{X}$	Nuklidemasse m/u	Masse per nukleon $\frac{m}{A}$ u	Halveringstid $T_{1/2}$	Utsendt partikkel	Fordeling av stabile isotoper %
7	${}^{13}\text{N}$	13,005 74	1,000 44	9,97 min	β^+	96,63 0,37
	${}^{14}\text{N}$	14,003 07	1,000 22			
	${}^{15}\text{N}$	15,000 11	1,000 01			
8	${}^{15}\text{O}$	15,003 07	1,000 20	122 s	β^+, γ	99,76 0,04
	${}^{16}\text{O}$	15,994 91	0,999 68			
	${}^{17}\text{O}$	16,999 13	0,999 95			
9	${}^{18}\text{F}$	18,000 94	1,000 05	109,7 min	β^+, γ	100
	${}^{19}\text{F}$	18,998 40	0,999 92			
10	${}^{20}\text{Ne}$	19,992 44	0,999 62			90,48
11	${}^{22}\text{Na}$	21,994 43	0,999 75	2,6 a	β^+, γ	100
	${}^{23}\text{Na}$	22,989 77	0,999 56			
	${}^{24}\text{Na}$	23,990 96	0,999 62	15 h/20,2 ms	β^-, γ	
12	${}^{26}\text{Mg}$	25,982 59	0,999 33			11,01
13	${}^{26}\text{Al}$	25,986 89	0,999 50	$7,2 \cdot 10^5$ a	β^+, γ	100
	${}^{27}\text{Al}$	26,981 54	0,999 32			
14	${}^{28}\text{Si}$	27,976 93	0,999 18			92,23
15	${}^{31}\text{P}$	30,973 76	0,999 15	14,3 d	β^-	100
	${}^{32}\text{P}$	31,973 91	0,999 18			
16	${}^{32}\text{S}$	31,972 07	0,999 13	87,5 d	β^-	95,0
	${}^{35}\text{S}$	34,969 03	0,999 12			
19	${}^{39}\text{K}$	38,963 71	0,999 07	$1,2 \cdot 10^9$ a	β^-, β^+	93,26 0,012
	${}^{40}\text{K}$	39,964 00	0,999 10			
20	${}^{40}\text{Ca}$	39,962 59	0,999 06			96,94
24	${}^{55}\text{Cr}$	54,940 84	0,998 92	3,5 min	β^-, γ	2,4
25	${}^{55}\text{Mn}$	54,938 05	0,998 87			100
26	${}^{56}\text{Fe}$	55,934 94	0,998 84			91,75
27	${}^{60}\text{Co}$	59,933 82	0,998 90	5,27 a/10,5 min	β^-, γ	
29	${}^{63}\text{Cu}$	62,929 60	0,998 89			69,17
35	${}^{85}\text{Br}$	84,915 61	0,999 01	2,9 min	β^-	
36	${}^{85}\text{Kr}$	84,912 53	0,998 97	10,7 a/4,5 h	β^-, γ	
	${}^{89}\text{Kr}$	88,917 63	0,999 07	3,15 min	β^-	
	${}^{94}\text{Kr}$	93,934 4	0,999 30	0,21 s	β^-, γ	
38	${}^{90}\text{Sr}$	89,907 74	0,998 97	28,9 a	β^-	